



Specialized Recreation "CHOICES" Spring 2- 2018

ACCESS BUS RIDERS:

Please schedule arrival to the Rec Center **no earlier than 9:45am** and Pick up **no later than 2:00pm**.

A fee is applied for participants who are picked up late. Your cooperation is appreciated.

DID YOU REMEMBER TO:

- Bring your lunch every day (including drink, utensils, napkin)
- Write your name on your lunch bag and/or water bottle
- Appropriately dress for the current weather conditions
- Limit the need of a microwave for lunch. (Microwave not available on field trips)
- Be sure to **ONLY BRING WHAT YOU NEED!** Please leave unneeded items at home.

Contact Numbers:

Choices Cell (206) 396.3105
 Rec Center (206) 801.2680
 Molly Harrigan (206) 571.2971

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

May/ June

<p>28</p> <p>No Program</p> <p>Memorial Day Holiday</p>	<p>29 Trip- Visit Magnuson Park 10:00- Music Games 10:45- Ganumbus Gym Game 11:30- Lunch 12:30- 20 Questions</p>	<p>30 Trip- Petco/ Froyo 10:00- Walk n Roll 10:45- Fitness Facts 11:30- Lunch 12:30- Greenhouse Tour</p>	<p>31 Trip- Rhododendron Park 10:00- Hoop Toss 10:45- Coloring/ Free Draw 11:30- Lunch 12:30- Improv Games</p>
<p>June 4 Trip- Country Village 10:00- Yoga 10:45- Herb Spiral Planting 11:30- Lunch 12:30- Dance Party w/ Stage Performances</p>	<p>5 Trip- Joann Fabric & Central Market 10:00- Walk & Roll 10:45- Obstacle Course Library to Go! 11:30- Lunch 12:30- Bingo</p>	<p>6 Trip- Kenmore Bowl 10:00- Music Games 10:45- Cooking 11:30- Lunch 12:30- Healthy Sleep Chat '500' Catch Game</p>	<p>7 Trip- Young Arts Studio 10:00- Fit Circle 10:45- Design Photo Boards at Richmond Highlands 11:30- Lunch 12:30- T-Ball</p>
<p>11 Trip- Brightwater Water Education Center 10:00- Tails Tag 10:45- Baked Kale Chips 11:30- Lunch 12:30- Design a Coat of Arms <i>Ancestry Theme</i></p>	<p>12 Trip- Lynnwood Pool 10:00- Relay Races 10:45- Your Places of Origin 11:30- Lunch 12:30- Greenhouse Tour <i>Ancestry Theme</i></p>	<p>13 Trip- Movie at Spartan 10:00- Walk & Roll 10:45- Letter to your Future Self 11:30- Lunch 12:30- Garden Art <i>Ancestry Theme</i></p>	<p>14 Trip- Ride the Monorail 10:00- Music Games 10:45- 'Fathers Of...' Chat 11:30- Lunch 12:30- Music with Dave <i>Ancestry Theme</i></p>
<p>18 Trip- Ride the Ferry 10:00- Music Games 10:45- Kickball 11:30- Lunch 12:30- Dancing with Corina</p>	<p>19 Trip- Kenmore Bowl 10:00- Yoga 10:45- Homemade Slurpees 11:30- Lunch 12:30- Human Tic Tac Toe</p>	<p>20 Trip- Edmonds Splash Pad <i>*swimsuit/ towel</i> 10:00- Balloon Volleyball 10:45- Sign Language DVD 11:30- Lunch 12:30- Pictionary</p>	<p>21 NO TRIP First Day of Summer Party 10:00- Walk & Roll 10:45- Bocce Ball 11:30- PIZZA PARTY! <i>*We provide pizza and drinks</i> 12:30- Music with Gregg</p>

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
June	25 Trip– Woodland Park Zoo 10:00 Walk & Roll 10:45– Balance & Chair Exercise 11:30– Lunch 12:30– Karaoke *Interest Assessment	26 Trip– Martha Lake Park 10:00 Zumba 10:45– Summer Art Collage 11:30– Lunch 12:30– Soccer *Interest Assessment	27 Trip– Ballard Locks 10:00– Active Game 10:45– Cooking 11:30– Lunch 12:30– Basketball *Interest Assessment	28 Trip– Splash Pad 10:30– Tag Variations 10:45– Puzzles 11:30– Lunch 12:30– Outdoor awn games & greenhouse tour *Interest Assessment

**Specialized Recreation
Hosts Weekend Events Twice a Month!**

Visit our website by Google searching ‘Shoreline Specialized Recreation’ or call us at #206.801.2600

Inclement Weather Policy

If the Shoreline School District is closed, Choices is closed.

If the schools are running on a 2-hour delay, Choices will start at its normal time.

Choices Program Expectations:

- 1. Be safe at all times**
- 2. Be kind to everyone**
- 3. Be involved in the daily activities**

Summer Session

July 9– August 16

Fall 1 Session

September 4– October 25

Fall 2 Session

Nov 5– December 20