



**We rely
on your
donations!**
See reverse to
learn more.

Quilceda Community Thrift

located at the Country Charm Dairy
604 East Gilman Avenue, Arlington

Open Monday - Saturday, 10-4 • (360) 435-0707

 www.facebook.com/QuilcedaCommunityThrift

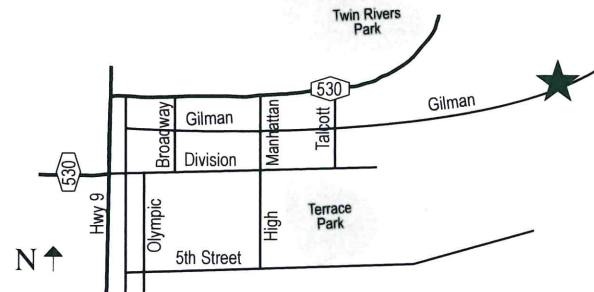


Quilceda Community Thrift

Community Thrift is a really cute thrift store that benefits Quilceda Community Services, of Marysville. Proceeds from the store fund services for youth, adults and seniors with intellectual disabilities.

Our success depends on You!
Our success depends on your tax-deductible donations of used clothing, housewares, furniture, rustic pieces, vintage goods, collectibles, tools, and garden items.

Find us on Facebook: www.facebook.com/QuilcedaCommunityThrift
Monday - Saturday, 10:00 - 4:00 • (360) 435-0707



Find a treasure at Quilceda Community Thrift!

COME VISIT WILLOW PLACE!



Willow Place, specialized recreation program, is offered by Quilceda Community Services.
(360) 653-2324 · 9610 48th Drive NE, Marysville 98270 · www.quilcedacommunityservices.org

Willow Place Mission Statement

To provide ability - appropriate specialized recreation for special needs persons of Snohomish County, provide respite for family care givers, and serve as a community volunteer site.

Hours of Operation:

Mondays - Fridays
Morning Sessions 9:00 - 12:00
Afternoon Sessions 1:00 - 4:00

Morning and Afternoon Sessions include:

1 hour - Social and Music Activities
1 hour - Fitness and Movement
1 hour - Art Projects

All activities planned to promote emotional, mental, and physical wellness.

Client user fees - \$15.00/session with monthly billing

THE FIRST SESSION IS FREE!

• Sessions limited to 15 attendees • Some scholarships are available

Willow Place is funded by client user fees, contributions, grants, and fundraisers.



Quilceda Community Services



QCS | **RESIDENTIAL PROGRAM**

Quilceda Community Services was established as a non-profit corporation in 1976 by parents of adults with intellectual disabilities. Their goal was to provide safe, low-income housing, with quality caregiving services, for disabled adults within the community.

The agency has provided residential caregiving services for adults since 1979. Current care locations include:

- **Aspen House**
 - a home within the community
- **Hawthorn House**
 - a home within the community
- **Marysville Quilceda Meadows**
 - a specialized studio apartment complex
- **Noble House**
 - a home within the community
- **Redwood House**
 - a home within the community

MISSION STATEMENT

The mission of Quilceda Community Services is to provide individualized, quality residential care and recreation to special needs adults in a safe, respectful, positive environment that is meaningful to the individual being served.

WILLOW PLACE

Specialized Recreation Program

MISSION STATEMENT

To provide ability - appropriate specialized recreation for special needs persons of Snohomish County, provide respite for family care givers, and serve as a community volunteer site.

WILLOW PLACE IS....

- Open Mondays - Fridays
- Hands-on and active
- Promotes wellness with all participating
- Supplements client's current schedule
- Welcomes any youth, adult, or senior with intellectual disabilities
- Care providers welcomed
- Snack free program
- Water bottles encouraged
- Serving clients residing in county adult family homes, apartments, or parental homes



ABOUT WILLOW PLACE

- Activities geared to diverse needs of youth, adults, and seniors with special needs
- Encourages community volunteerism
- Clients must be registered prior to attendance
- Clients billed for user fees of \$15.00/session
- First session is free
- Scholarships and gift certificates available

SESSIONS

Mondays - Fridays
9:00 - 12:00 • 1:00 - 4:00



THREE HOUR SESSIONS INCLUDE:

- * 1 hour - rhythms, music, drumming, puzzles, card/board games, sensory activities, Wii games
- * 1 hour - exercises, stretches, balance/strength activities, walking, dancing, large balls, group games, group Wii games, yoga, modified zumba
- * 1 hour - painting, ceramics, collage work, beading, drawing, paper projects, seasonal art projects, making family gifts



FITNESS SPECIALISTS

Willow Place is fortunate to have qualified specialists to provide movement activities, as follows:

Rachel Hawkins, *Certified Zumba Instructor*
Provides Modified Zumba on Wednesday afternoons and Thursday mornings

Mary Jane Dolenti, *Certified Yoga Leader*
Offers Yoga on Thursday afternoons

Sarah Knudson, *Certified Yoga Leader*
Offers Yoga Calm some Tuesday afternoons

The agency is qualified to provide residential care through these funding sources:

- Supported Living as a certified service provider
- Private payee funds

All sites provide 24-hour residential services, 365 days each year. Employees assist clients on an individualized basis with all aspects of daily living, self-care, food preparation, household cleaning, laundry, community shopping, appointments, socialization, and recreation. Caregivers meet all mandated state licensing training with annual updates.

Quilceda Community Services encourages client wellness with daily exercise, healthy meal planning, and social engagement. All residential sites have a small van available for community access and excursions. Tenants in the residential program lead active, individualized, and engaged lives.



Business & Foundation Donors

Angel of the Winds Casino/Hotel
Anthony's Homeport Restaurant
Anthony's Woodfire Grill
Arlington Velo Sport Bicycle Shop
Bigfoot Music
Bob's Burger & Brew
Chihuly Garden and Glass
Christianson's Nursery & Greenhouse
Community Foundation of Snohomish County
Crown Distributing Company, Inc.
C's Tree Service
The Cherry Cherry Band
Ernst Chiropractic Clinic
Evergreen UU Fellowship
Everett Co-op
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Trader Joe's
Triple D Welding Ltd
Tulalip Resort Casino
Tulalip Tribes Charitable Fund
Windermere Real Estate

Programming is funded by donations, grants,
fundraising events, and user fees.
To support the agency programs call (360) 653-2324



Quilceda Community Services

PO Box 425
Marysville, WA 98270

Location of Corporate Offices:
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Marysville, WA 98270

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www.quilcedacommunityservices.org

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